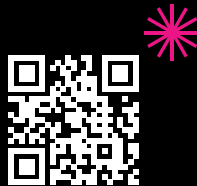




A Z O M

Start Guide

A Z O M SCALE



You must download AZOM app to activate

THANK YOU FOR CHOOSING A Z O M

To start, please install the AZOM App which will allow you to connect your device and view/control your health info.

Product Information:

- Max Capacity 180kg, Division 100g
- Works with the "AZOM App", analyzes 18 body health values.
- Weight / BMI / Body Fat Rate% / Muscle Mass (kg) / Fat Mass (kg) / Body Fat Index / Obesity Level / Ideal Weight / Weight Control / Visceral Fat Index / Weight without Fat / Body water / Bone Mass / Protein Rate / BMR / Metabolism Age / Body Type / Score
- Curve trends lines for history tracking
- Multi-users support
- Auto on & Off
- Low battery and overload indicator

Notes: The scale will turn on when a weight of 5kg or more is placed on it.

It is recommended to keep the scale in a working environment of 0°C-40°C/32°F - 104°F, and relative humidity <85% so that the health values will continuously be updated.



Install AZOM App:

Scan the QR Code below Or search for (AZOM) in App Store or Google Play to find and install the app.



How To Use the Smart Scale?

1. Open the battery compartment at the bottom of the scale.
2. Insert batteries, please ensure that the polarity is correct.
3. Close the battery compartment again,
4. Stand on it, it will turn on.

Note: If the message "Lo" appears on the display, replace the batteries.

How To Measure Body Weight?

If you prefer to not connect to the app and would just like to use the scale for simple weight measurement, then simply follow the steps below:

1. Press the scale center then remove your feet.
2. 0.0 will be displayed on the screen
3. The scale will switch off and is now ready for use.
4. Step on it until your weight numbers appear on the screen.

Note: This initialization process must be repeated if the scale is moved. Always place the scale on a hard and flat surface to have an accurate measurement.

If you find a different weight between 2 consecutive attempts, it is possible that the initialization process was not successful, Repeat steps 1-3.

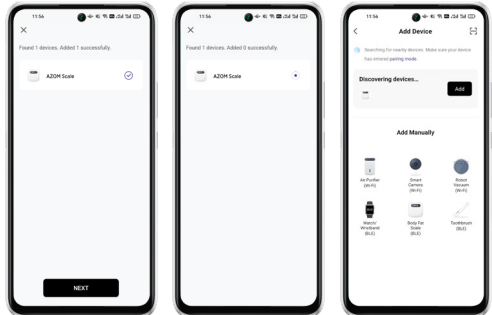
Using AZOM App:



Download it from the app store on both Android and iOS devices. After registering your account or logging in, you can connect the scale to your mobile as follows:

Add Device:

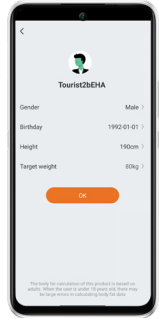
1. Register/Login to your account.
2. In the home page, click "Add Device".
3. You will see a screen "Devices to be added", tap on the Bluetooth scale.
4. Use your foot to step on the middle of the scale to turn on display. Make sure the display is on all the time during the connection steps.
5. Choose "Go to add" and proceed with steps.
6. You will see the connection success screen, click on "Done".



Setting Up Options:

1. You will be prompted to select the preferred unit, select one.
2. Next, select the preferred height unit.
3. Next, fill in your personal information.
4. Start to use the scale to measure body composition values:

Stand bear footprint on the scale, the electrodes will do the measurements, The weight is measured and recorded, then □□□□ is displayed, indicating that the scale is analyzing your data, please do not alight. Once finished, the weight will be fixed and shown on display, and the app will show all your body composition values.

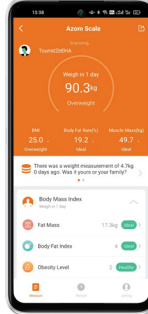


Data Details:

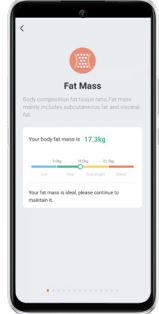
Click on "Body Mass Index" to see more analysis data. The smart scale can give you total 18 body health indicator reference values: Weight / BMI / Body Fat Rate% / Muscle Mass (kg) / Fat Mass (kg) / Body Fat Index / Obesity Level / Ideal Weight / Weight Control / Visceral Fat Index / Weight without Fat /Body water / Bone Mass / Protein Rate / BMR / Metabolic Age / Body Type / Score.

You can click on each value to see full recommendation.

Analysis Page

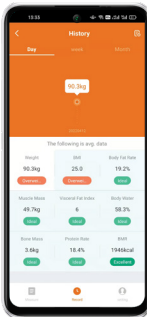


Health Indicator Details Page



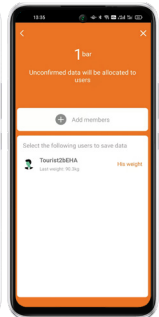
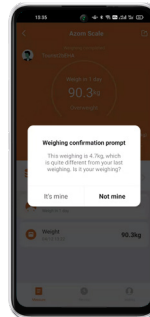
History Record:

You can see your data trends by weeks/months /years.

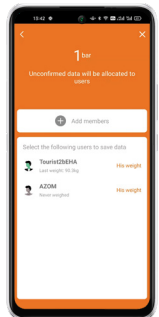
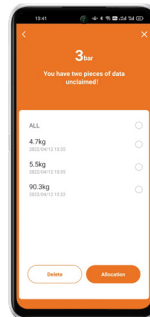
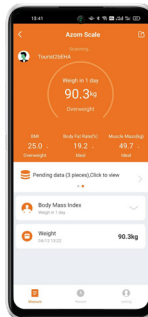


Claiming Data:

The new measurement values are claimed automatically based on weight within +/- 2kg to the last measurement. But if the measured weight is more than +/- 2kg difference from your last measurement, the app will ask you to claim the data.
 - Choose "It's mine", all data results will show according to the chosen measured weight.
 - Choose "not mine", you need to select the correct person & click "He's weight".




Click on "Pending data (...piece), click to view" in the middle part of the main page. Select the weight and the user to unallocated data or simply delete data you don't need.




Having Multiple Users:

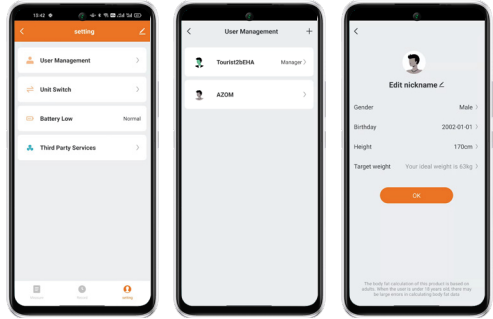
Touch the settings icon  on the top right side, then click "User Management". Click on the plus icon  to add new users. Then repeat from start to use the scale to take the measurements.

Allow Sharing with Other Accounts:

Click on the edit icon  on the scale main page, go to the device details page and choose "Share Device" – and "Add Home Member", then choose the region and fill in the account number you want to share with. Now the measured results will be shared with this account. If the invited user has not registered already, they should finish registering first.

Managing The Device:

If you want to delete the currently connected device, click on the edit icon , then go to device details page and select "Remove Device".



Troubleshooting:

1. When the LED screen displays "Lo": you should install a new battery.
2. When the LED displays "Err" and stays at "Err": it indicates that the maximum weight has been exceeded.
3. When the LED displays the weight but without analysis data in the app or displays "Err2":
 - make sure you are barefoot when standing on the scale.

- make sure your foot is touching the electrodes on the right and left side.
 - make sure you enter your profile parameters in full.
 - make sure that the homepage in the app shows that the scale is connected.
 - make sure that the scale electrodes are in clean condition.
 - make sure the bluetooth of the phone is turned on.
4. If the above did not solve the issue, go to the device management page, and remove the device then re-connect it.

Changing the battery:

1. Open the battery compartment on the underside of the scale by releasing the clip and lifting off the door.

2. Remove the used battery and replace it with a new one
3. Close the battery door.

Battery Safety:

- Always use the batteries recommended.
- Make sure the battery compartment is secure.
- Fit batteries correctly, observing the plus and minus marks on the battery and compartment.
- Store unused batteries in their packaging and keep away from metal objects which could cause a short circuit.

- Remove dead batteries from the scales.
- Remove batteries from the scales if they will not be used for a prolonged period.
- Keep loose batteries away from young children.
- Seek medical advice if a battery has been swallowed.
- Never dispose of batteries in a fire.
- Never attempt to recharge ordinary batteries.

Use and care:

- Ensure the scales is on a flat, even, and firm surface. Avoid carpet or soft surfaces.
- Always weigh yourself with the same scale placed on the same surface. Uneven floors may affect the reading.
- The surface of the scale will be slippery if wet. Keep it dry!
- Weigh yourself without clothing and footwear, before meals, and always at the same time of day for the most accurate results.
- For better accuracy, it is not advised to take the measurement within 2 hours of waking up.
- Keep the scale in a dry place to protect the electronic components.
- Clean after use with a lightly damp cloth. Do not use solvents or immerse the product in water.
- Avoid overloading the scale; otherwise, permanent damage may occur.
- Do not disassemble the scale, other than to replace the battery.
- Do not store the scale in an upright position when not in use as this will drain the battery.

- Avoid excessive impact or vibration to the unit, such as dropping the scale onto the floor, or objects onto the scales.
 - A user who has any metal material inserted into his/her body may get differences in measurements of body fat reading.
 - * Pacemaker users are advised against using this device.
- The precision of the data detected by the scale can be altered in the following cases:**
- High alcohol levels.
 - High levels of caffeine or drugs.
 - After an intense sports activity.
 - During an illness.
 - During pregnancy.
 - After heavy meals.
 - In presence of dehydration problems.
 - Your personal data (height, age, gender) have not been input correctly.
 - If you have wet or dry feet persons with swollen leg.

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